

ACCESS: PRE-K Physical Well-Being & Motor Development

Strand: Motor Development

Ohio Early Learning and Development Standards: Pre-Kindergarten
Physical Well-Being and Motor Development

Large Muscle: Balance & Coordination

- Demonstrate loco motor skills with control, coordination and balance during active play
- Demonstrate coordination in using objects during active play
- Use non-loco motor skills with control, balance, and coordination during active play
- Demonstrate spatial awareness in physical activity or movement

Small Muscle: Touch, Grasp, Reach and Manipulate

- Coordinate the use of hands, fingers and wrists to manipulate objects and perform tasks requiring precise movements
- Use classroom and household tools independently with eye-hand coordination to carry out activities

Oral Motor

- Demonstrate increasingly complex oral-motor skills such as drinking through a straw, blowing bubbles or repeating a tongue-twister

Sensory Motor

- Regulate reactions to external sensory stimuli in order to focus on complex tasks or activities

Child/Children Observed: _____



Anecdotal Record:

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Strand: Physical Well-Being

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Body Awareness

- Identify and describe the function of body parts

Physical Activity

- Participate in structured and unstructured active physical play exhibiting strength and stamina
- Demonstrate basic understanding that physical activity helps the body grow and be healthy

Nutrition

- Demonstrate basic understanding that eating a variety of foods helps the body grow and be healthy
- Distinguish nutritious from non-nutritious foods

Self Help

- Independently complete person care tasks
- Follow basic health practices

Safety Practices

- With modeling and support, identify and follow basic safety rules
- Identify ways adults help to keep us safe
- With modeling and support, identify the consequences of unsafe behavior
- With modeling and support demonstrate ability to follow transportation and pedestrian safety rules

Child/Children Observed: _____



Anecdotal Record: