Child/Children Observed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

*Body Awareness*

☐ Identify and describe the function of body parts

*Physical Activity*

☐ Participate in structured and unstructured active physical play exhibiting strength and stamina

☐ Demonstrate basic understanding that physical activity helps the body grow and be healthy

*Nutrition*

☐ Demonstrate basic understanding that eating a variety of foods helps the body grow and be healthy

☐ Distinguish nutritious from non-nutritious foods

*Self Help*

☐Independently complete person care tasks

☐ Follow basic health practices

*Safety Practices*

☐ With modeling and support, identify and follow basic safety rules

☐ Identify ways adults help to keep us safe

☐ With modeling and support, identify the consequences of unsafe behavior

☐ With modeling and support demonstrate ability to follow transportation and pedestrian safety rules

Strand: Physical Well-Being Ohio Early Learning and Development Standards: Pre-Kindergarten

 Physical Well-Being and Motor Development

Strand: Listening & Speaking Ohio Early Learning and Development Standards: Pre Kindergarten

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Anecdotal Record: