



Alignment of ACCESS Learning Outcomes with Ohio's Early Learning & Developmental Standards

BIRTH-AGE 5-Physical Well-Being & Motor Development

STRAND: MOTOR DEVELOPMENT

ACCESS LEARNING OUTCOMES preschool	ACCESS LEARNING OUTCOMES infant/toddler	Ohio Early Learning and Developmental Standards BIRTH-AGE 5
<p>Topic: Large Muscle, Balance & Coordination</p> <p>Demonstrates loco motor skills with control and coordination in active play: ex. run/hop/climb</p> <p>Demonstrates coordination using objects in play: throw/kick/catch ball, ride bikes</p> <p>Demonstrates Non-loco motor skills in active play: bending/stretching/twisting</p> <p>Demonstrates spatial awareness in play and movement</p>	<p>Topic: Large Muscle, Balance and Coordination</p> <p>The child will demonstrate strength and control of his or her body to move and interact with the environment.</p>	<p>Topic: Large Muscle, Balance and Coordination</p> <p>Infants (Birth - 8 months)</p> <p>Demonstrate strength and control of head, arms, legs and trunk using purposeful movements.</p> <p>Young Toddlers (6 - 18 months)</p> <p>Move with increasing coordination and balance, with or without adult support and/or assistive device.</p> <p>Older Toddlers (16 - 36 months)</p> <p>Use loco motor skills with increasing coordination and balance.</p> <p>Use a variety of non-loco motor body movements (hands in the air, turn around, stand on one foot, etc.) during play.</p> <p>Pre-Kindergarten (3 - 5 years)</p> <p>Demonstrate loco motor skills with control, coordination and balance during active play (e.g., running, hopping, skipping).</p> <p>Demonstrate coordination in using objects during active play (e.g., throwing, catching, kicking balls, riding tricycle).</p> <p>Use non-loco motor skills with control, balance and coordination during active play (e.g., bending, stretching and twisting).</p> <p>Demonstrate spatial awareness in physical activity or movement</p>

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<p>Topic: Small Muscle: Touch, Grasp, Reach, Manipulate</p> <p>Coordinates use of hands/fingers/wrist to manipulate objects</p> <p>Coordinates use of hands/fingers/wrist to perform tasks requiring precise movement</p> <p>Uses tools independently with coordination</p> <p>Topic: Oral-Motor</p> <p>Demonstrates complex skills (straw/bubbles)</p>	<p>Topic: Small Muscle: Touch, Grasp, Reach, Manipulate</p> <p>The child will coordinate the use of his or her hands, fingers, and sight in order to accomplish a task.</p> <p>Topic: Oral-Motor</p> <p>The child will use mouth and tongue to progress from spoon feeding, small pieces of finger food to eventually taking bites while coordinating chewing and swallowing.</p>	<p>Topic: Small Muscle: Touch Grasp, Reach, Manipulate</p> <p>Infants (Birth - 8 months)</p> <p>Transfer a toy from one hand to another by reaching, grasping and releasing.</p> <p>Young Toddlers (6 - 18 months)</p> <p>Use both hands together to accomplish a task</p> <p>Older Toddlers (16 - 36 months)</p> <p>Coordinate the use of arms, hands and fingers to accomplish tasks.</p> <p>Pre-Kindergarten (3 - 5 years)</p> <p>Coordinate the use of hands, fingers and wrists to manipulate objects and perform tasks requiring precise movements.</p> <p>Use classroom and household tools independently with eye-hand coordination to carry out activities.</p> <p>Topic: Oral-Motor</p> <p>Infants (Birth - 8 months)</p> <p>Use mouth and tongue to explore objects.</p> <p>Open mouth to wait for food to enter and use upper lip to clean food off spoon during spoon feeding.</p> <p>Young Toddlers (6 - 18 months)</p> <p>Take and chew small bites/pieces of finger food.</p> <p>Older Toddlers (16 - 36 months)</p> <p>Take bites from whole foods and coordinate chewing & swallowing</p> <p>Pre-Kindergarten (3 - 5 years)</p> <p>Demonstrate increasingly complex oral-motor skills such as drinking through a straw, blowing bubbles or repeating a tongue-twister.</p>



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<p>Topic: Sensory Motor Regulates stimuli in order to complete task</p>	<p>Topic: Sensory Motor: The child will use senses and movement to explore immediate surroundings. The child will coordinate senses with movement to accomplish tasks.</p>	<p>Topic: Sensory Motor Infants (Birth - 8 months) Use senses and movement to explore immediate surroundings Young Toddlers (6 - 18 months) Coordinate senses with movement. Older Toddlers (16 - 36 months) Use sensory information to guide movement to accomplish tasks. Pre-Kindergarten (3 - 5 years) Regulate reactions to external sensory stimuli in order to focus on complex tasks or activities.</p>



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<p>Topic: Body Awareness Identifies and describes function of body parts</p> <p>Topic: Physical Activity Demonstrates strength & stamina in play Understands activity helps body health</p>	<p>Topic: Body Awareness The child will show awareness of own body, point to body parts and eventually name and move body parts when asked.</p> <p>Topic: Physical Activity: The child will interact with adults in physical activities. The child will participate in active physical play with increasing complexity ranging from simple movement skills to structured activities requiring spontaneous and instructed body movements.</p>	<p>Topic: Body Awareness Infants (Birth - 8 months) Show awareness of own body. Young Toddlers (6 - 18 months) Point to basic body parts when asked. Older Toddlers (16 - 36 months) Name, point to and move body parts when asked. Pre-Kindergarten (3 - 5 years) Identify and describe the function of body parts.</p> <p>Topic: Physical Activity Infants (Birth - 8 months) Interact with adults in physical activities. Young Toddlers (6 - 18 months) Using simple movement skills, participate in active physical play. Older Toddlers (16 - 36 months) Participate in active physical play and structured activities requiring spontaneous and instructed body movements. Pre-Kindergarten (3 - 5 years) Participate in structured and unstructured active physical play exhibiting strength and stamina. Demonstrate basic understanding that physical activity helps the body grow and be healthy.</p>



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<p>Topic: Nutrition</p> <p>Knows eating a variety of foods promotes health</p> <p>Knows nutritious from non-nutritious foods</p>	<p>Topic: Nutrition</p> <p>The child will express when hungry or full.</p> <p>The child will follow a regular eating routine. The child will make simple food choices, have food preferences and show willingness to try new foods.</p>	<p>Topic: Nutrition</p> <p>Infants (Birth - 8 months) Express when hungry or full.</p> <p>Young Toddlers (6 - 18 months) Follow a regular eating routine. With adult assistance, participate in personal care tasks (e.g., hand-washing, dressing, etc.)</p> <p>Older Toddlers (16 - 36 months) Make simple food choices, has food preferences and demonstrate willingness to try new foods.</p> <p>With modeling and support, complete personal care tasks (e.g. hand-washing, dressing, toileting, etc.).</p> <p>Pre-Kindergarten (3 - 5 years) Demonstrate basic understanding that eating a variety of foods helps the body grow and be healthy.</p> <p>Distinguish nutritious from non-nutritious foods.</p>



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<p>Topic: Self-Help</p> <p>Independently completes self-help tasks: toileting</p> <p>Independently completes self-help tasks: hand-washing</p> <p>Independently completes self-help tasks: dressing</p> <p>Follows basic health practices</p>	<p>Topic: Self-Help</p> <p>The child will demonstrate emerging participating in dressing.</p> <p>The child will participate in personal care routines with adult assistance. (hand-washing, dressing, toileting etc.)</p>	<p>Topic: Self-Help</p> <p>Infants (Birth - 8 months)</p> <p>Demonstrate emerging participation in dressing.</p> <p>Young Toddlers (6 – 18 Months)</p> <p>With adult assistance, participate in personal care tasks (e.g. hand washing, dressing, etc)</p> <p>Older Toddlers (16-36 months)</p> <p>With adult assistance, participate in personal care tasks (e.g. hand washing, dressing, etc)</p> <p>Pre-Kindergarten (3-5 years)</p> <p>Independently complete personal care tasks (e.g., toileting, teeth-brushing, hand-washing, dressing etc.).</p> <p>Follow basic health practices.</p>



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<p>Topic: Safety Practices</p> <p>With modeling and support: Identifies and follows basic safety rules *1</p> <p>Identifies consequences of unsafe behavior</p> <p>Follows emergency routines</p> <p>Follows transportation and pedestrian rules</p> <p>Identifies ways adults help keep us safe</p>	<p>Topic: Safety Practices</p> <p>The child will follow adult intervention/guidance regarding safety.</p> <p>The child will cooperate and/or stop behavior in response to adult directions.</p> <p>The child will use adults as resources in potentially unsafe or dangerous situations</p>	<p>Topic: Safety Practices</p> <p>Infants (Birth - 8 months)</p> <p>Young Toddlers (6-18 months)</p> <p>Follow adult intervention/guidance regarding safety.</p> <p>Older Toddlers (16-36 months)</p> <p>Cooperate and/or stop a behavior in response to a direction regarding safety.</p> <p>Use adults as resources when needing help in potentially unsafe or dangerous situations.</p> <p>Pre-Kindergarten (3-5 years)</p> <p>With modeling and support, identify and follow basic safety rules.</p> <p>Identify ways adults help to keep us safe.</p>