Seeds and Sprouts

Whether it's with food or with nature, children often encounter seeds everyday. Make this moment meaningful by planting the seeds of curiosity and supporting children's sprouting ideas.

CONNECT

How did those seeds get there?

What kind of seeds do you eat with your family?

Intentional moments require the joint attention of both adults and children. Adult supervision is required to ensure child safety

HOW TO USE THIS RESOURCE:

- Choose 1-2 prompts to start or extend a conversation after a you, a child or group of children have pointed out seeds or have begun to explore them

- Give children time to think and respond before asking more questions or sharing your thoughts

- Consider using suggested inquiry tools to turn the moment into a hands-on learning experience

IMAGINE

I wonder if seeds can be any color or shape... What do you think the silliest seed would look like?

ACCESS CURRICULUM
Creating Curriculum that Inspires

ASK

- **Why** do plants have seeds?
- **How** do seeds grow when there isn't people to plant them?

EXTEND

- **Why** do seeds get planted in the ground?
- Do seeds need sunlight to sprout?

SUPPORT

"Sometimes I think about dandelions and how they have little fluffs as seeds. I've never seen any other seeds that are like that."

OR

"I wonder what happens to acorns when squirrels don't eat them..."

INQUIRY TOOLS

- Seeds
- Tweezers
- Magnifying glass
- Sheets of black and white paper to place seeds on

EXPLORE

Save seeds from various encounters like eating fruits/vegetables or taking a nature walk. Rinse the seeds and lay them out to dry. Use white or black paper to create contrast when observing seeds. Encourage your child to open the seeds and find out what's inside. Using tweezers to pick up seeds or take them apart is a great fine motor activity for kids.

To learn more about seeds, check out the SEEDS Content Toolkit. ACCESS creates content toolkits for quick access to digestible information on topics that children are commonly interested in.

http://accesscontenttoolkits.weebly.com/seeds.html